

Trekking round the St-Bernard – 6 days

A fascinating trek through the wilderness of the Alps

Deriving its name from the legendary rescue dog and the 1000-year-old hospice located at top of the its mountain pass, the Grand Saint-Bernard is set between two stunning landmarks, the Mont-Blanc, the roof of Europe at 4,807m and the Grand Combin, the majestic mountain massif of the Valaisan Alps.

This memorable trek takes you through rugged mountain terrain following the Swiss/Italian border, across 6 valleys and a nature reserve.

Day 1: Bourg-St-Pierre - Col du Grand Saint-Bernard

Hike up from the Toules dam to the Col des Chevaux where you might catch sight of the first ibex. Today's stop is in the mystic Grand Saint-Bernard hospice which steeped in history...

Bourg-St-Pierre 1,632m - Col des Chevaux 2,714m - Col du Grand St-Bernard 2,469m

Vertical ascent / descent: 1,082m+ / 245m-

Walking time: 5h30

Day 2: Col du Grand St-Bernard – Bonatti Refuge

Today we hike across 3 mountain passes, culminating at an altitude of 2,900m on the Malatra pass, crossing the highest point of the whole trip offering a breathtaking panorama in a rugged landscape. Overnight stay at the impressive Bonatti refuge.

Col du Grand St-Bernard 2,469m – Col de Malatra 2,928m – refuge de Bonatti 2,056m

Vertical ascent / descent 1,058m+ / 1,341m-

Temps de marche : 7h30

Day 3: Bonatti Refuge - La Fouly

Following the trail of the Tour du Mont Blanc, we hike back across Col Ferret into Switzerland. Lunch stop on a Valaisan pasture and overnight stay at the picturesque village of La Fouly.

Bonatti 2,056m - Grand Col Ferret 2,537m - La Fouly 1,600m

Vertical ascent / descent 768m+ / 1,224m-

Temps de marche : 6h30

Day 4: La Fouly - Liddes

Today we enter the Combe de L'A Nature Reserve after a steep ascent up to the Basset pass in remote terrain. Scenic descent down to Dranse, followed by a short hike up to the village of Liddes. Overnight stay in Liddes.

La Fouly 1,600m - Col de Basset 2,771m - Liddes 1,349m

Vertical ascent / descent 1,265m+ / 1,516m-

Temps de marche : 7h00



Day 5: Liddes – Mille Mountain Hut

The Mille hut offers a spectacular panoramic view of the Valaisan and the Bernese Alps, the Combins peaks and the entire Mont Blanc massif. In good weather conditions (or: weather permitting) we will climb up to the summit of Mont Rognieux at 3,082m.

Liddes 1,349m - Cabane de Mille 2,473m - Mont Rognieux 3,032m

Vertical ascent / descent (without Mt-Rognieux climb) 1,124m+

Walking time: 3h15

Vertical ascent / descent (including Mt-Rognieux) 1,683m+ / 559m-

Walking time: 6h15

Day 6: Mille Mountain Hut - Bourg-St-Pierre

Today's last stage takes us across typical mountain meadows and hamlets of the Entremont valley and rejoins the starting point of your trek at Bourg-St-Pierre.

Mille mountain hut 2,473m - Bourg-St-Pierre 1,632m

Vertical ascent / descent 841m-

Walking time: 3h30

Information and bookings

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