

Haute Route Gran Paradiso

The Gran Paradiso culminates at 4061m altitude in the Italian Alps and is located in the first ever Alpine National Park which was established to protect the ibex. Situated south of Aosta, this mountain range moulded by glaciers offers an ideal terrain for ski touring with overnight stay in mountain huts famous for their great hospitality and splendid Italian cuisine! Ascending the summit of Gran Paradiso is without any doubt the highlight of the week.

Itinerary 1:

This itinerary allows us to gently acclimatise in the area of the authentic Benevolo hut at the beginning of the week, before transferring to the next valley for the Gran Paradiso ascent at the end of the week.

Day 1:

Car transfer from Switzerland to the Val di Rhemes (1740m). Skin up to the Benevolo hut (2285m). 3h.

Days 2 - 3 - 4:

From the Benevolo hut, we have a choice of various interesting summits: Becca della Traversiere (3337m), Punta Calabre (3445m), Punta Galisiaz (3346m), Punta Paletta (3024m). Vertical ascent: 800m to 1200m per day, 3h to 5h per day.

Day 5:

Transfer to Valsavarenche (1800m). Pleasant ascent to the Chabod hut (2750m) climbing from the lower forests up to a glacier landscape. 3h

Day 6:

From the Chabod hut we ascend the Gran Paradiso (4061m) across the Laveciau glacier. Descent via the Gran Paradiso glacier to the Vittorio Emmanuele hut (2735m). Vertical ascent: 1300m, appr. 6h.

Day 7:

Ascent of the Tresenta summit (3609m) from the Vittorio Emmanuele hut, then ski down to Pont in Valsavarenche. Vertical ascent: 900m, appr. 4h.

Itinerary 2:

It is also possible to tour around the Grand Paradiso range in a 5- to 7-day loop, going from hut to hut with slightly longer days.

Day 1:

Leaving from le Châble or Martigny at 8am. Transfer to Cogne - Valnontey by car. Skin up to the Vittorio Sella hut, 2584m. Vertical ascent: 920m.

Day 2:

From the Vittorio Sella hut we climb to the top of Punta Nera, 3685m with a light daypack, returning to the same hut. Vertical ascent: 1100m.

Day 3:

Today we ascend the Gran Serraz (3552m) from the Vittorio Sella hut via the Lauson glacier. Ski down to the Timorion glacier and another skin up to Col du Gran Neyron (3414m), from where we ski down on the Montandayne glacier to the Chabod hut (2750m). Vertical ascent: 1400m.

Day 4:

From the Chabod hut we ascend the Gran Paradiso (4061m) across the Laveciau glacier. Descent via the Gran Paradiso glacier to the Vittorio Emmanuele hut (2735m). Vertical ascent: 1300m.

Day 5:

Today's tour is a return trip with a light day pack from the Vittorio Emmanuele hut to the top of Tresenta (3609m) and back to the hut. Vertical ascent: 900m

Day 6:

Skin up from the Vittorio Emmanuele hut to the Col du Grand Paradiso (3345m) via the Moncorve glacier. Ski down on the Noaschetta glacier to the Ivrea bivouac, then another climb to Col dei Becchi (2990m). Descent to the Pontese hut (2200m). Vertical ascent: 800m.

Day 7:

Starting from the Pontese hut, we climb up to the Pointe Ondezana (3492m) and ski down on the Ondezana glacier to the Col de Teleccio (3304m). From here, descent on the Valeille glacier to Lillaz – Cogne. Vertical ascent: 1200m

Equipment:

- Touring skis and boots. Avalanche transceiver, shovel, probe. Ski crampons, crampons, ice pick, harness.
- Mountain backpack 40-50 litres.
- Change of clothing
- Small personal medical kit / toiletries
- Picnic lunch for 7 days
- Euros

Other:

Cancellation insurance *, mountain rescue insurance (Air Glacier, Rega, TCS-ETI) recommended.

* ELVIA insurance – refund and/or cancellation insurance

If you book a guide for 1 day or more we recommend taking out an ELVIA insurance which ensures a refund in case of illness, accident or other incidents.

Conditions:

- The insurance premium amounts to 4% of the total sum paid for the mountain guide/mountain leader.
- If you book a guide on various non-consecutive days, please indicate the exact dates under "Remarks".
- The client has read and understood the UIAGM conditions stated on our website (link to terms & conditions of ASGM under “downloads”).
- Cancellation due to bad weather is not permitted.

Click here to buy your insurance online: www.elvia.ch