

## Summer activities

***Are you looking forward to outdoor activities, for an original company outing, seminar or team building day, or do you all just need a breath of fresh air? We have the solution for you : we offer a large choice of outdoor activities organized and guided by our mountain professionals which will fit your needs.***

### Summary :

- [Fun and challenge](#)
- [Sport and outdoor](#)
- [Relaxation and pleasure](#)
- [Nature and discovery](#)

## Fun and Challenge

**Morning :** The participants are welcomed by a mountain guide. Start your day with a giant cable swing over a river, you will get the feeling to fly... and then land smoothly !

**Lunch :** Outdoor barbecue.

**Afternoon :** Jump into the air on a zip line tyrolian traverse, in total trust and safety, hung from a fixed cable. Fun and good humor guaranteed!

Activity

Rates in CHF

Fun and Challenge

from 160.- per person

*Our rates are calculated for a group of 4 persons. The rates will vary according to the number of participants. Meals, transportation and lodging are not included.*

## Sport and outdoor

**Morning** : The participants are welcomed by a mountain guide. Exposed alpine trail (via ferrata or climbing) on a rock face with fixed rungs and holds. Use of the safety equipment for the 3 Bisses via ferrata in Vercorin or Défago via ferrata in Champéry.

**Lunch** : picnic along the way.

**Afternoon** : Via Ferrata and back.

Activity	Rates in CHF
Sport and outdoor	from 160.- per person

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## Relaxation and pleasure

**Morning** : The participants are welcomed by a mountain leader. Hiking and discovery of the Valais vineyards.

**Lunch** : Typical meal in a traditional cellar.

**Afternoon** : Tasting of regional products and visit of wine cellars.

Activity	Rates in CHF
Relaxation and pleasure	from 95.- per person



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## **Nature and discovery**

**Morning** : The participants are welcomed by a mountain leader. Day or night hiking tours, playful activities along with picking of seasonal herbs.

**Lunch** : Prepare your meal with the wild seasonal herbs.

**Afternoon** : Hike with explanations on the flora and fauna.

Activity	Rates in CHF
Nature and discovery	from 95.- per person

*Our rates are calculated for a group of 4 persons. The rates will vary according to the number of participants. Meals, transportation and lodging are not included.*

Level of the participants

Technical requirement

Favorite

: all levels

: none

: exchange meeting on the risk management with a mountain guide